# Adas Yoshuron Synagogue This Week's Programs



Most Shabbat services, classes, and other synagogue activities are being held on Zoom to stop the spread of the coronavirus. For any in-person events, face masks are required.

## **Zoom Link for All Synagogue Programs**

To access our online programs, copy and paste this link into your browser:

https://us02web.zoom.us/j/85962789484

or click on the blue box below. The same link is used for all our programs.

**CLICK HERE TO JOIN US ON ZOOM** 

## **Covid-19 Information Session**

Wednesday, February, 17, 7 p.m.

Dr. Minda Gold and Dr. Clifford Dacso will provide an update on the current scientific understanding of the coronavirus and how how to stay safe and healthy. There will be time for Q&A.

**CLICK HERE TO JOIN ON ZOOM** 

#### Adult Ed: Digging Deeper into the Purim Story

Thursday, February 18, 7 p.m.

Let's talk Purim with Rabbi Solochek. We'll look at the rituals of Purim, the story of the Megillah, and some of the more uncomfortable parts of this sacred text.

CLICK HERE TO JOIN ON ZOOM

## **Tzedek Series: Disability Rights and Inclusion**

Sunday, February 21, 6 p.m.

Mark your calendars for the first in our new Tzedek series exploring Disability Rights and Inclusion in the Jewish tradition. Our speaker, Liz Weintraub, is a senior advocacy specialist at the AUCDthe Association of University Centers on Disabilities. She has a long history of leadership in self advocacy, and has held many board and advisory positions at state and national organizations. She is the host of <a href="Tuesdays With Liz: Disability Policy for All">Tuesdays With Liz: Disability Policy for All</a>, where she attempts to make the language of policies accessible to all. In the fall of 2018, Liz told the story of her personal experience as a woman with disabilities as she testified before the Senate Judiciary Committee about the potential implications of a Kavanaugh confirmation to the civil rights of people with disabilities.

Here are a couple of videos from Liz's interview series you might like to check out in advance of Sunday's program:

Inclusion in the Jewish Community

An Interview with Rabbi Michael Safra

**CLICK HERE TO JOIN ON ZOOM** 

#### **A Maine Purim Celebration**

Thursday, February 25, 6:30 p.m.

Join the Maine Jewish community for a festive statewide Purim celebration!

The Center for Small Town Jewish Life's online celebration will include:

- · A spiel presented by Temple Beth El, Augusta
- A costume parade and contest (details below)
- A special challenge for Maine clergy
- A traditional megillah reading; get out your groggers and make some noise!

Half of all donations for this program will go to support Maines Good Shepherd Food Bank, feeding the hungry in our state.

To receive Zoom details, register by clicking the link below.

The Center is also hosting a virtual costume parade and contest during the Purim celebration. Send a picture or short video (5 seconds) of yourself in costume to feature in the online parade. Prizes will be offered in four categories:

- Best Maine-themed costume
- Best costume related to the story of Purim
- Funniest costume
- Best costume by someone younger than bnai mitzvah age (kids are eligible for all categories)!

PRIZES: Winners will receive a \$50 gift certificate to Kolbo bookstore and Judaica!

Email your costume photos to <a href="mailto:sirockfo@colby.edu">sirockfo@colby.edu</a> by February 23.

**REGISTER FOR PURIM HERE** 

#### ONGOING PROGRAMS

## **k2Together: Interfaith Knitting Group**

Wednesday, February 17, 2 p.m.

Get to know knitters from faith communities around midcoast Maine. Bring a cup of coffee, your favorite yarn or other craft project, and make new friends! FMI contact Rabbi Solochek: rabbi@adasyoshuron.org.

## **Thursday Morning Check-In**

Thursdays at 8:30 a.m.

Connect with community as Rabbi Solochek leads brief morning reflections and prayers, followed by conversation. This is a good opportunity to say kaddish if you are observing a yahrzeit. Pour yourself a cup of coffee and meet us online!

**CLICK HERE TO JOIN ON ZOOM** 

In preparation for our healing service on Friday, Feb. 26, marking a year since we were all together inside the synagogue building, Rabbi Solochek is collecting stories and memories. What comes to mind when you recall your experiences in the synagoguebar and bat mitzvahs, weddings, holidays, meals, community gatherings? What interactions or moments stand out for you? We'd love to hear from you. Simple, unspectacular memories are fine; we are interested in what you remember, what you miss, what was meaningful. Send your thoughts to rabbi@adasyoshuron.org. Thank you!

### **How Can We Help?**

Need help with errands? A phone call to say hello? Would you like to check in with Rabbi Solochek? Could you use some technical support with Zoom?

Reach out to us! The synagogue office is closed, but we are responding to emails and messages. We'd love to hear from you!

Please contact the office: info@adasyoshuron.org 207-594-4523





We hope you like receiving our emails. However, you can always unsubscribe from this list.

Adas Yoshuron Synagogue
50 Willow Street
PO Box 1250
Rockland, ME 04841
207-594-4523
www.adasyoshuron.org
info@adasyoshuron.org